



A DEPARTMENT OF  
RUTLAND REGIONAL MEDICAL CENTER

**PATIENT HEALTH HISTORY → Update**

Today's Date \_\_\_\_\_

Name: \_\_\_\_\_  Male  Female

DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Reason for today's visit: \_\_\_\_\_  Left  Right

Is this the result of a:  Injury  Car Accident  Workplace injury  Not an injury

If you have pain, describe your pain:  achy  sharp  burning

Any related symptoms?  pain  swelling  bruising  numbness

Current pain level (1-10, 10 being the worst): \_\_\_\_\_ Pain at its worst: \_\_\_\_\_ Pain at rest: \_\_\_\_\_ Pain with activity: \_\_\_\_\_

Do you use tobacco?  Yes  No

Do you not feel safe at home?  Yes

**REVIEW OF SYSTEMS Check all that Apply**

If yes to any of the following, is your primary care physician/provider aware of your symptoms?  Yes  No

(Please note that if your primary care physician/provider is not aware of any of these symptoms that you should notify him/her.)

Abdominal pain	<input type="checkbox"/>	Dizziness	<input type="checkbox"/>	Nausea	<input type="checkbox"/>
Anxiety	<input type="checkbox"/>	Excessive bruising	<input type="checkbox"/>	Night sweats	<input type="checkbox"/>
Arm numbness/tingling	<input type="checkbox"/>	Excessive thirst	<input type="checkbox"/>	Rash	<input type="checkbox"/>
Balance issues	<input type="checkbox"/>	Fevers, chills	<input type="checkbox"/>	Shortness of breath	<input type="checkbox"/>
Chest pain	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	Urinary changes	<input type="checkbox"/>
Cough	<input type="checkbox"/>	Heartburn/reflux	<input type="checkbox"/>	Vomiting	<input type="checkbox"/>
Depression	<input type="checkbox"/>	Leg numbness/tingling	<input type="checkbox"/>	Weight loss	<input type="checkbox"/>

**MEDICATION LIST (include prescriptions, herbals, and over-the-counter medications)**

No changes since last visit

Medication ~ update since last visit:	Strength (dosage):	Times per day:

**ALLERGIES  Yes (see below)  No Known Drug Allergies  No update since last visit**

Medication You Are Allergic To:	Reaction:

Date/Time: \_\_\_\_\_

Patient/Guardian Signature: \_\_\_\_\_

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